

Mental Health

NSW Budget 2016-17



Health

The NSW Government will invest a record **\$1.8 billion** for mental health services in 2016-17. This increases the NSW Government's investment in mental health services by **\$106 million** from last year's Budget. This includes a specific focus on suicide prevention, young people and community mental health services.

Suicide prevention



\$8 million over four years for a new suicide prevention fund to support mental health NGOs to prevent suicide in our community.

\$3 million for Lifeline to continue supporting their vital crisis services.



\$500,000 for Specialist Suicide Prevention Training for 10,000 non-mental health clinicians.

Suicide is the leading cause of death for young people aged between 15 and 34 in Australia.

Source: ABS (2014).

Supporting young people and families

Half of all mental illnesses manifest before the age of 14 and three quarters by the age of 25.

Source: Kessler, Amminger et al (2007).



\$11 million for a statewide rollout of the Child and Adolescent Mental Health Services (CAMHS) GOT IT! Teams, which includes a new **\$9 million for 15 new teams** to assist with early intervention.



\$3 million for **Perinatal and Infant Mental Health Teams**, an increase of **\$480,000** to assist people in South Eastern Sydney and Western Sydney Local Health Districts, and the Justice Health and Forensic Mental Health Network.



\$5.1 million for Whole Family Teams supporting families with complex mental health and drug and alcohol issues, an increase of **\$1.7 million**.



\$3.1 million of new funding to support **Wesley Mission's Mums and Kids Matter** to support mothers with chronic mental illness.

\$5.6 million for eating disorders, an increase of **\$2 million**.



Three new 'School-Link' coordinators, adding to the existing 15 coordinator positions to assist young people.

Supporting our communities



An additional **\$32 million** to deliver **admitted** and **non-admitted** mental health patient services across NSW.



\$20 million for **Community Living Supports** including a new **\$8 million** to provide support for those with complex long-term mental illnesses to live well in the community.



\$4.8 million for **Pathways to Community Living** including an additional **\$3 million**, assisting long-stay mental health patients to transition to the community.



\$52 million for **Housing Accommodation and Support Initiative (HASI)** including a new **\$10 million** for an extra **67 places** to support people to live well in the community.



\$1.2 million to build capacity for borderline personality disorder by **expanding Project Air** to three more sites in Northern Sydney, South Western Sydney and Central Coast Local Health Districts.

\$5 million for **Older Persons Mental Health Teams**, an increase of **\$3.5 million** to assist people in Central Coast, Mid North Coast, Nepean Blue Mountains, Northern NSW, Sydney and South Western Sydney Local Health Districts.



Rural and regional communities



Over **\$630 million** for mental health services in the nine **rural and regional** local health districts.



\$3.8 million for the Centre for Rural and Remote Mental Health to support the mental health of rural and regional residents.



An additional **\$1 million** for **improved technology** to support **rural tele-health initiatives** for rural hospitals in Hunter New England, Mid North Coast and Northern NSW Local Health Districts.

We are building world-class, community based mental health care services in NSW so people with a mental illness can live a better life.”

The Hon. Pru Goward, Minister for Mental Health

Getting help

Lifeline **13 11 14** or **www.lifeline.org.au**

NSW Mental Health Line **1800 011 511**

Kids Helpline **www.kidshelpline.com.au** or **1800 551 800**